



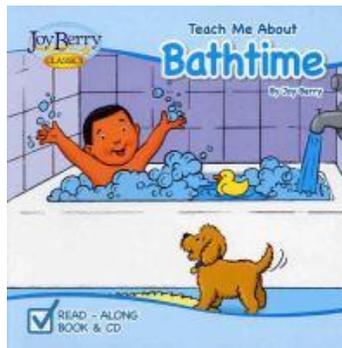
The Booklist Project



Focus: Hygiene

Developed by: Christina Arthur

SU I 2013



1. Berry, J. (2009). *Teach me about bathtime*. New York, NY: Joy Berry Enterprises. [ISBN: 9781605770086]

Available as Board book, Kindle book, Companion CD with songs and read along in English.

Reading Level: 1-2

WIDA Level: Emerging

Teach Me About Bathtime tells the story of a young boy who likes to take baths. It follows the entire bathtime process from preparation for, activities during, and getting dressed after a bath. The author focuses on what to do and what not to do during bathtime, with a specific focus on safety. This book would be especially good for English Learners because it follows a predictable pattern with words on the left page and an illustration on the right side. Illustrations are colorful and correlate with the sentences on the page.

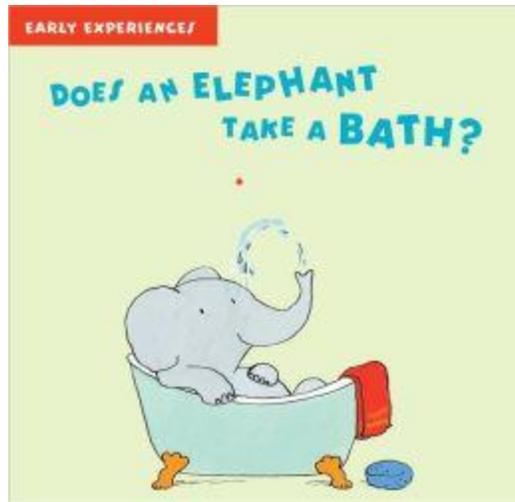
Links to online resources:

<http://www.first-school.ws/activities/firststeps/bathtime.htm>

This link is not directly about this book, but has some additional readings and classroom activities that focus on good hygiene, including using soap. Activity #4 introduces Slippery Soap, a familiar character from Blue's Clues that makes learning fun and relatable.

<http://www.brighthubeducation.com/preschool-lesson-plans/66976-teaching-safety-in-the-bathtub/>

This link has many classroom suggestions that focus on bathtime safety. It includes the book "I Love Bathtime" by the same author. It has many suggestions such as circle time, dramatic plays, safety songs, and extensions for students to try at home.



2. Ehrlich, F. (2005). *Does an elephant take a bath?*. Maplewood, NJ: Blue Apple Books.

[ISBN: 978-1593541231] Available as Paperback in English.

Reading Level: Pre-K

WIDA Level: Developing

Does an Elephant take a Bath? examines the bathing habits of a variety of animals such as elephants, zebras, beavers, penguins, prairie dogs, and many others. In addition to bathing, the story also emphasizes the fact that people need to clean their nails, hair, and take good care of their bodies. This book uses many animals from different countries that many students may already be familiar with. The illustrations follow along with the print, making it easier for students who are learning English as a Second Language to follow along. Students can make connections between how animals keep clean and how humans keep clean and note any similarities and differences.

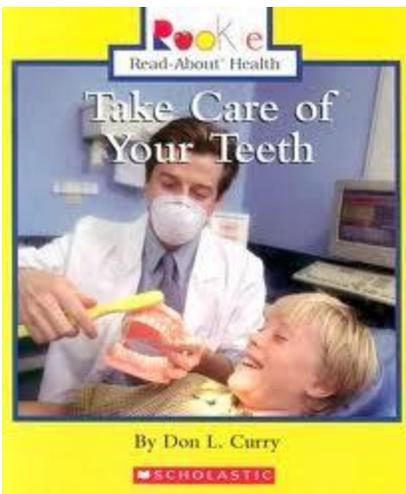
Links to online resources:

<http://www.daniellesplace.com/html/ElephantCrafts.html>

This link has a wide variety of cute elephant crafts that can be made with common, everyday materials. Although this site doesn't directly mention this book, the activities and crafts can be easily adapted into classroom instruction. Specifically, the Elephant Bubble Bath craft correlates directly to this story and students could take the craft home to use during bathtime!

<http://www.bookish.com/authors/fred-ehrllich/85f49231-2f25-4c4f-8454-5f816eb7bec6>

This site has more information about the author and other helpful books that he has written!



3. Curry, D. L. (2005). *Take care of your teeth*. Danbury, CT: Childrens Press.

[ISBN: 978-0516279152] Available as Paperback or Library Binding in English.

Reading Level: 2.0, GR Level S, Lexile 450

WIDA Level: Developing

Take Care of Your Teeth is a fantastic guide to inform students about how to appropriately care for their teeth. The book uses real life pictures and introduces basic vocabulary important when learning about oral hygiene. This story is written in the 2nd person, which may make it easier for all students to relate to. This book is especially good for English Learners, because it uses text features such as labels, picture captions, and pronunciation for difficult words. A “Words to Know” section at the end of the book matches key vocabulary with pictures directly from the book. Additionally, an index is included at the end for readers to use as a quick reference.

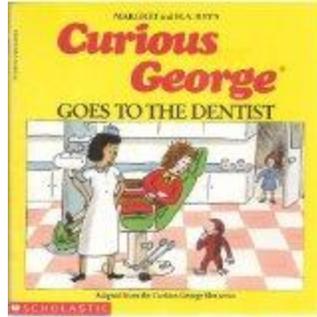
Links to online resources:

<http://www.brighthouseeducation.com/preschool-lesson-plans/61332-all-about-teeth-two-lesson-plans-on-dental-health-for-preschool/>

This link includes two lessons that incorporate this book to teach preschool students “All About your Teeth.”

<http://users.manchester.edu/student/ekgallmeyer/ProfWebpage/Healthy%20Teeth%20Lesson%20Plan.pdf>

This link shares a 15 minute lesson plan, “Taking Care of Our Teeth Like Ms. T”. It has standards, objectives, assessment, teacher preparation requirements, step-by-step procedure, adaptations/enrichment, and questions for self-reflection.



4. Rey, M., & Rey, H. A. (1989). *Curious george goes to the dentist*. Boston, MA: Houghton Mifflin Company.

[ISBN: 9780395519417] Available as Paperback or Hardcover in English.

Reading Level: 3.5

WIDA Level: Expanding

Curious George Goes to the Dentist chronicles the adventures of a monkey and his experience at the dentist. In the waiting room, George meets a young girl who is scared and he sets off to learn more about the experience of being at the dentist. This book uses vibrant pictures that correlate directly with the sentences that appear on every page, making it easier for ELLs to follow along with the story.

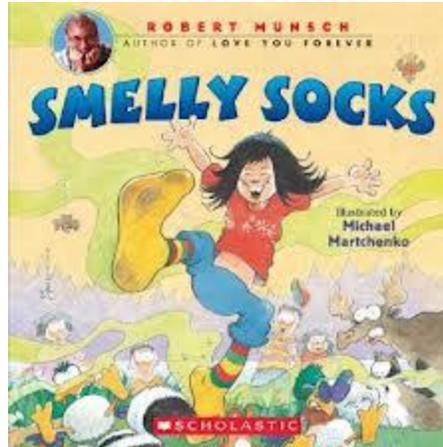
Links to online resources:

<http://www.mrscjacksonsclass.com/dentalhealth.htm>

This link takes us into the classroom of Mrs. Jackson, who has developed an extensive unit on Dental Health and incorporates this book into her unit. This website is organized into Dental Health Links, Dental Health Product Sites, More Dental Health Resources, and Books with many live links and activities under each heading.

http://jt037.k12.sd.us/curious_george.htm

This site incorporates many Curious George books and provides cross-curricular planning involving reading, writing, speaking, listening, mathematics, social studies and many more activities!



5. Munsch, R. (2004). *Smelly socks*. New York, NY: Scholastic, Inc. [ISBN: 978-0439649483]

Available as Library Binding, Paperback, and Audio CD in English.

Reading Level: 3.2, Lexile 680

WIDA Level: Developing and Up

Smelly Socks follows the experiences of a young girl, Tina, who is on the search for new socks. Tina finds socks that she absolutely loves and vows never to take them off again! This story shares the experiences Tina encounters by not taking good care of herself and her clothing. This book uses vivid watercolors that captivate its audience. This is a good book for English Language Learners, because the illustrations follow closely with the text and allow for all students to follow along and build meaning as they read or hear the story.

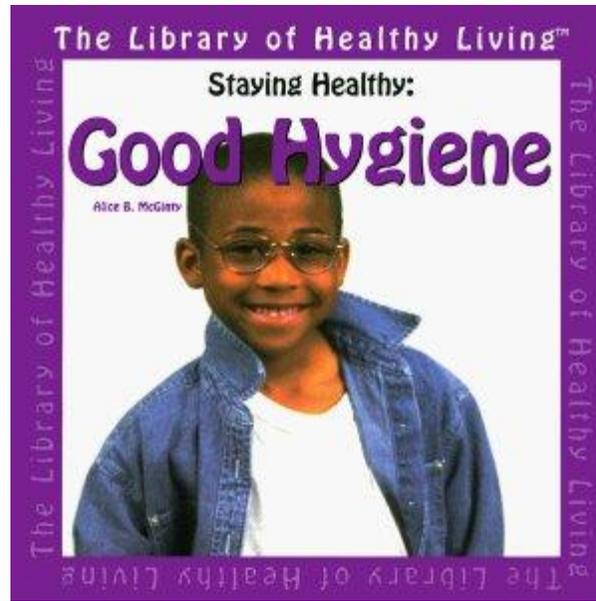
Links to online resources:

http://teacher.scholastic.com/clubs/pdfs/guides/reading_guide_1111_smellysocks.pdf

This link serves as a resource that provides teachers with ideas that can be used before, during, and after reading *Smelly Socks*. It also lists activities that can be fun for students and other sites that students and/or teachers can visit after reading this book.

<http://www.webteaching.com/free/socks.htm>

This link provides information all about the book *Smelly Socks*. It includes a book summary, vocabulary, activities, journal prompts, and more!



6. McGinty, A. (1997). *Staying healthy: Good hygiene*. New York, NY: PowerKids Press.

[ISBN: 978-0531116630] Available as Hardcover and Paperback in English.

Reading Level: 3.8, Lexile 780, DRA 34, Guided Reading 0 WIDA Level: Expanding

Staying Healthy: Good Hygiene is a key to healthy living and is divided into short chapters that focus on topics such as the body, germs, skin, hair, fingernails/toenails, and hair. This book is particularly good for English Learners because it has built in text features such as a Table of Contents, bold words, pronunciation of new vocabulary words, and an index that serves as a quick reference for teachers and students.

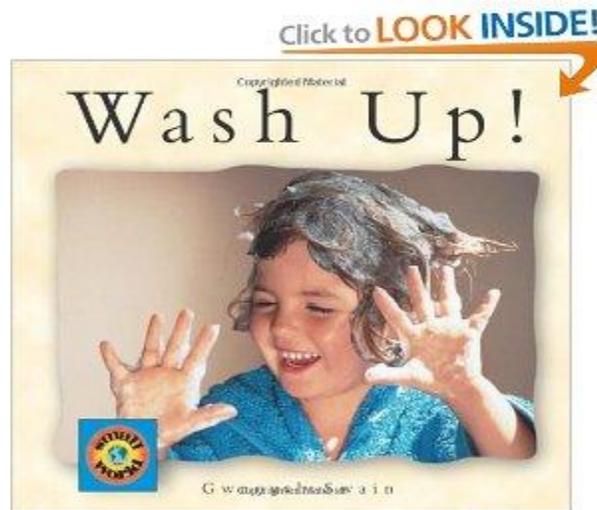
Links to online resources:

<http://www.kcls.org/bookstogrowon/health.pdf>

This link has activities related to this book and provides a list of other books on the same topic that might be useful in your classroom!

http://www.ccealleganycattaraugus.org/images/upload/file/4H/Looking_Your_Best.pdf

This link has lots of great information and activities for teachers to use when discussing hygiene and caring for your body. It includes activities, songs, reading activities, and games that students and teachers would enjoy!



7. Swain, G. (2002). *Wash up!* Minneapolis, MN: First Avenue Editions.

[ISBN: 978-1575051611] Available as Library Binding and Paperback in English.

Reading Level: 2, Guided Reading Level J

WIDA Level: Emerging

Wash Up! uses pictures of actual children using good hygiene practices around the world. It shows real pictures of children getting dirty and also how they get clean. At the end of the book there is a section entitled “More about the Pictures” that shares specific information about the pictures that were taken in Australia, England, Norway, the Philippines, Japan, and India, among other locations. Based on the fact that these pictures were taken around the world, students may be able to make connections to countries where they are from.

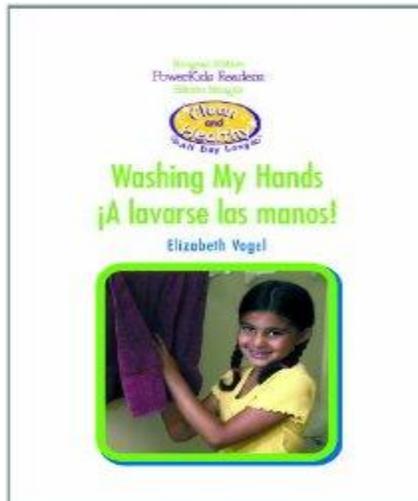
Links to online resources:

<http://www.brainpopjr.com/health/bewell/washinghands/grownups.weml>

This link shares information and activities that teachers can use in their classroom to teach the importance of washing hands and keeping clean. It focuses on when students should wash their hands and offers extension activities that students can complete at home!

http://www.gwenythswain.com/Gwenyth_Swain/Welcome.html

This link provides more information about the author and other books that she has written.



8. Vogel, E. (2004). *Washing my hands*. New York, NY: Powerkids Press.

[ISBN: 978-0823966196] Available as Library Binding and Hardcover in English and Spanish.

Reading Level: 1.6

WIDA Level: Emerging

Washing My Hands ¡A lavarse las manos! introduces Vicky, who learns all about washing her hands. Vicky learns the step-by-step procedure for keeping your hands clean. She also learns about when people should wash their hands, such as after sneezing, after using the bathroom, and before eating. This book has many features that make this a great book for English Learners! The book is bilingual and has English and Spanish on every page. Additionally, the book has a Table of Contents, Words to Know (with pictures and vocabulary), suggestions for additional books, and an Index, all in both English and Spanish.

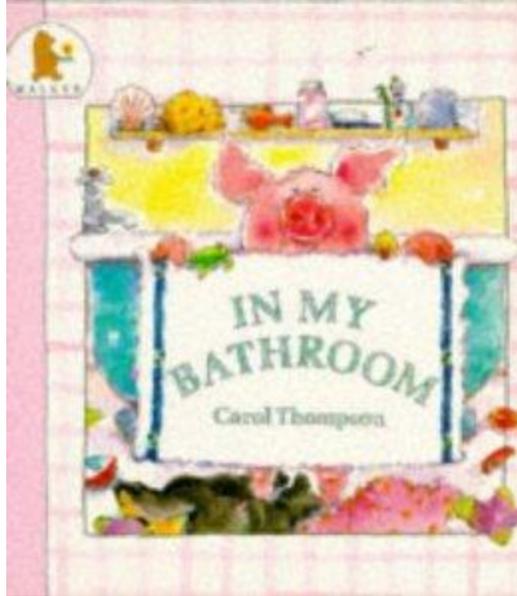
Links to online resources:

<http://www.microbeworld.org/microbeworld-experiments>

This link provides classroom experiments that show the importance of keeping hands clean. It provides a variety of PDF files that teachers and students can use to enhance learning.

<http://www.youtube.com/watch?v=AeTCK7Cjplk>

This YouTube video shows a teacher and her students singing a song about when people need to wash their hands. The teacher uses exaggerated hand motions and gestures as she sings and the students are fully engaged in the activity.



9. Thompson, C. (1990). *In my bathroom*. New York, NY: Delacorte Press.

[ISBN: 978-0744514810] Available as Hardcover and Paperback in English.

Reading Level: Pre-K

WIDA Level: Entering

In My Bathroom shares the routine of a young pig in his bathroom as he prepares for bed. It tracks the pig as he brushes his teeth, uses the toilet, bathes, and gets into his pajamas. This book is good for ELLs because it uses simple sentence structures and direct text to illustration correlation to make this a fun book for all students to read!

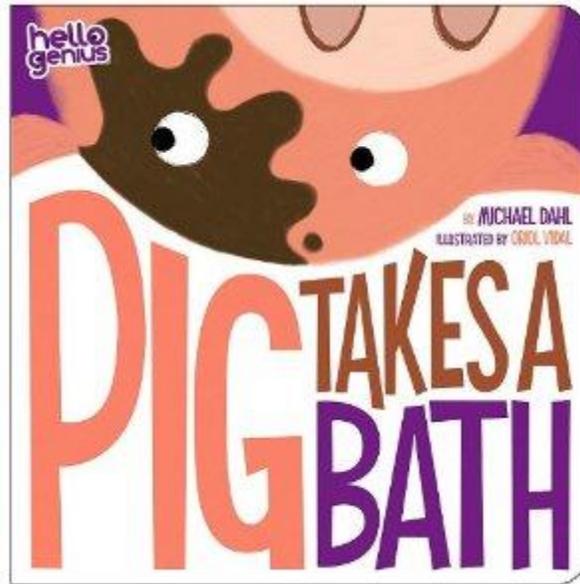
Links to online resources:

http://www.childs-play.com/contributor/thompson_carol.html

This link shares information about the author, Carol Thompson. It provides information about her life, books she's written, awards she has won, and publishers she has worked with/

<http://www.eslgamesplus.com/bathroom-vocabulary-game-car-racing-esl-vocabulary-game/>

This link provides a fun, interactive game that quizzes students on vocabulary specific to items we find in the bathroom. Students can work as individuals or teams to complete the task of winning a race against each other or against Dr. Chaos by correctly match words and pictures.



10. Dahl, M. (2010). *Pig takes a bath*. Bloomington, MN: Picture Window Books.

[ISBN: 978-1404857292] Available as Hardcover and Paperback in English.

Reading Level: 1.0, Lexile 240

WIDA Level: Emerging

Pig Takes a Bath is about a little pig that made a big mess! Little Pig must first be found and then take a bath in the tub. The book introduces vocabulary such as splash, soap, washcloth, and rinse. This book is great for English Language Learners, because it uses predictable sentence structure and begins each page with the phrase, Little pig. Students will become familiar with the structure and enjoy following along. Additionally, large text and colorful illustrations make this book enjoyable to all students.

Links to online resources:

<http://www.youtube.com/watch?v=4gBIatNXY1A>

Watch and listen as a young reader shares a reading of *Pig Takes a Bath*. The reader follows along with the text as they read and shows strategies such as sounding out difficult words or using an adults help when they begin to struggle.

<http://www.amazon.com/Michael-Dahl/e/B001HD1TLS>

Michael Dahl has written over 200 books for children. Click the link above to learn more about him and other books that he has written!

REACH. INSPIRE. CONNECT.



The Booklist Project

A Project of the
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