



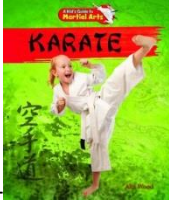
The Booklist Project

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Focus: Martial Arts
Developed by: Stephen Sposato
Spring 2013

THEME: MARTIAL ARTS GUIDES AND READINGS

Grade span 3-8

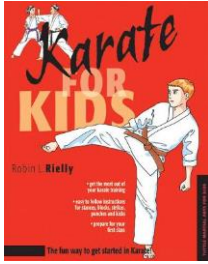


BOOK 1--

Wood, A. (2013). *Karate*. New York: PowerKids Press. [ISBN 1-477-70350-0]

AVAILABLE IN	Ebook and hardcover
READING LEVEL	4.4
INTEREST LEVEL	2-5
PROFICIENCY LEVEL	Developing and up
SUMMARY	This book would prove to be of interest to ELLs, especially those of Asian decent, because of the culturally significant art that it portrays. The book contains a high level of visuals depicting various karate moves, positions, and poses along with explanations of the procedures, significance, and history of the motions. Most of the pictures contains young boys and girls of varying racial backgrounds who are executing the karate moves. Readers will be able to identify with the youth pictured in the text and therefore will become more engaged in the reading.
LINKS	http://www.kidzworld.com/article/4918-martial-arts-karate

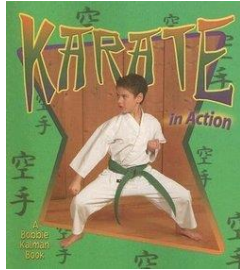
BOOK 2



Rielly, R. L. (2004). *Karate for kids*. Boston: Tuttle Pub.[ISBN 0804835349]

AVAILABLE IN	Hardcover, ebook
READING LEVEL	4 th grade
INTEREST LEVEL	9 to 12 years old
PROFICIENCY LEVEL	Expanding and up
SUMMARY	<p>This book also would be interesting to ELLs, especially those of Asian decent, because of the culturally significant art that it portrays. The book contains a high level of visuals depicting various karate moves, positions, and poses along with explanations of the procedures, significance, and history of the motions. The book also contains short blurbs in different colored boxes of text. These mini-summaries highlight tips and words to know. Most of the pictures are in fact illustrations which contain young boys and girls who are executing the karate moves. Readers will be able to identify with the youth pictured in the text and therefore will become more engaged in the reading.</p>
LINKS	<p>http://longfellow.indiebound.com/book/9780804835343 http://fourcircleslearning.com/2010/08/30/martial-arts-books-for-kids/ http://www.kidzworld.com/article/4794-karate-for-kids-book-review</p>

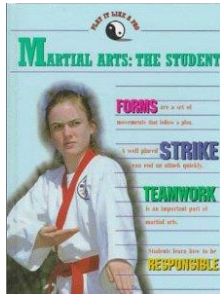
BOOK 3



MacAulay, K., & Kalman, B. (2006). *Karate in action*. New York: Crabtree Pub.[ISBN 0-7787-0361-4]

AVAILABLE IN	Hardcover
READING LEVEL	6.4
INTEREST LEVEL	2-5
PROFICIENCY LEVEL	Developing and up
SUMMARY	<i>Karate in action</i> is a book that explains for young readers the many aspects of karate, including history, positions, kicks, strikes, blocks, katas and weapons. The book contains many visuals and step by step instructions of various moves. Colorful and clearly delineated sections makes the book reader friendly. The book seems to aim at the anglo reader based on the lack of minority youth depicted in drawings and pictures; however based on the explosion and popularity of martial arts in most cities and towns, EIs are sure to be interested.
LINKS	http://www.crabtreebooks.com/bobbie/

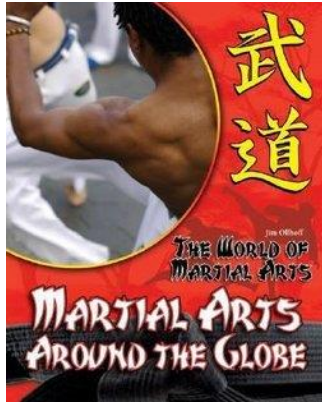
BOOK 4



Lloyd, B. (1998). *Martial arts--the student*. Vero Beach, FL: Rourke Press.[ISBN 1571032274]

AVAILABLE IN	Hardcover
READING LEVEL	5.3
INTEREST LEVEL	3-6
PROFICIENCY LEVEL	Developing and up
SUMMARY	This book describes the basic forms and movements involved in martial arts and discusses the benefits of starting martial arts at a young age. High visuals reinforce the text with students of various ages and ethnic backgrounds. There are short excerpts highlighted by the ying/yang symbol which contain important details about martial arts history and its practitioners.
LINKS	http://books.google.com/books/about/Martial_Arts.html?id=ajF5yTsmxCoC

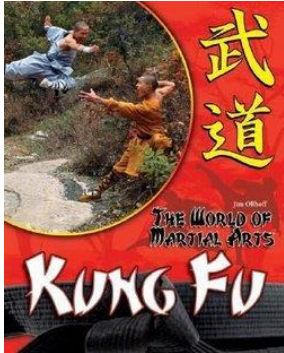
BOOK 5



Ollhoff, J. (2008). *Martial arts around the globe*. Edina, MN: ABDO Pub.[ISBN 1-599-28979-2]

AVAILABLE IN	hardcover
READING LEVEL	6.2
INTEREST LEVEL	4-7
PROFICIENCY LEVEL	Expanding and up
SUMMARY	<i>Martial arts around the globe</i> describes the wide variety of history, background, and techniques used in eleven different martial arts. The author includes a large number of visuals which include photographs, drawings, and maps from around the world. Many cultures are represented and this is sure to appeal to Ells. Also included are excerpts about popular movies depicting martial arts. Each visual is accompanied by an explanatory caption, which is also helpful for young readers.
LINKS	<p>http://jimollhoff.com/</p> <p>These following 3 links of which Jim Ollhoff is associated can be helpful for educators and para-professionals. These links are not specifically related to the above title.</p> <p>http://www.kenton.kyschools.us/userfiles/2068/5th%20grade%20completed%20suggested%20texts.pdf</p> <p>http://www.doe.in.gov/sites/default/files/grants-management/101-afterschool-resources.pdf</p> <p>http://www.ashcraftafterschool.com/PDF/handoutsupertoolsWEB.pdf</p>

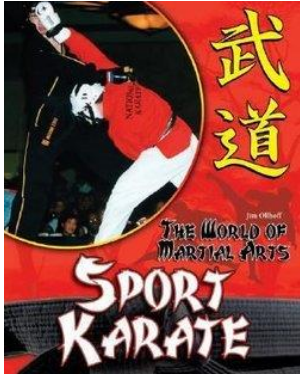
BOOK 6



Ollhoff, J. (2008). *Kung fu*. Edina, MN: ABDO Pub.[ISBN 1-599-28978-4]

AVAILABLE IN	Hardcover, ebook
READING LEVEL	6.5
INTEREST LEVEL	4-7
PROFICIENCY LEVEL	Expanding and up
SUMMARY	<i>Kung fu</i> , by Jim Ollhoff, explains the history of this martial art and how it influenced other martial arts, such as karate, through time. Great photographs depict the techniques incorporated in kung fu which were based on the movements of 5 specific animals. As with the other Ollhoff title, this book contains helpful captions next to each visual, along with a glossary.
LINKS	<p>http://jimollhoff.com/</p> <p>These following 3 links of which Jim Ollhoff is associated can be helpful for educators and para-professionals. These links are not specifically related to the above title.</p> <p>http://www.kenton.kyschools.us/userfiles/2068/5th%20grade%20completed%20suggested%20texts.pdf</p> <p>http://www.doe.in.gov/sites/default/files/grants-management/101-afterschool-resources.pdf</p> <p>http://www.ashcraftafterschool.com/PDF/handoutsupertoolsWEB.pdf</p>

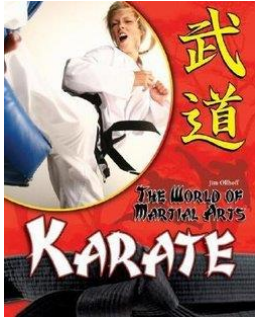
BOOK 7



Ollhoff, J. (2008). *Sport karate*. Edina, MN: ABDO Pub.[ISBN 1-599-28984-9]

AVAILABLE IN	hardcover
READING LEVEL	6.5
INTEREST LEVEL	4-7
PROFICIENCY LEVEL	Expanding and up
SUMMARY	<i>Sport karate</i> is a book that explores the competitive aspects of this martial arts. High visual contain will interest Ells. This book describes the rules, strategies, and training which are involved in sport karate. The popularity on a national basis of Mixed Martial Arts (MMA) and local competitions will prove relevant to Ells of varying ethnic backgrounds. As with the other Ollhoff books, captions and a glossary are included.
LINKS	<p>http://jimollhoff.com/</p> <p>These following 3 links of which Jim Ollhoff is associated can be helpful for educators and para-professionals. These links are not specifically related to the above title.</p> <p>http://www.kenton.kyschools.us/userfiles/2068/5th%20grade%20completed%20suggested%20texts.pdf</p> <p>http://www.doe.in.gov/sites/default/files/grants-management/101-afterschool-resources.pdf</p> <p>http://www.ashcraftafterschool.com/PDF/handoutsupertoolsWEB.pdf</p>

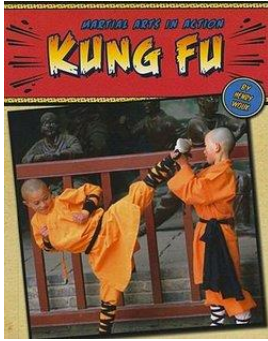
BOOK 8



Ollhoff, J. (2008). *Karate*. Edina, MN: ABDO Pub.[ISBN 1-599-28977-6]

AVAILABLE IN	hardcover
READING LEVEL	6.2
INTEREST LEVEL	4-7
PROFICIENCY LEVEL	Expanding and up
SUMMARY	The next book in The World of Martial Arts series is <i>KARATE</i> . This book explores the history and maxims involved in karate. Specific exercises and routines are discussed, as well as basic movements and board breaking. Ells will appreciate the high action visuals containing karate practitioners of various ages and racial backgrounds, accompanied by explanatory captions.
LINKS	http://fourcircleslearning.com/2010/08/31/more-martial-arts-books-for-kids/ http://jimollhoff.com/

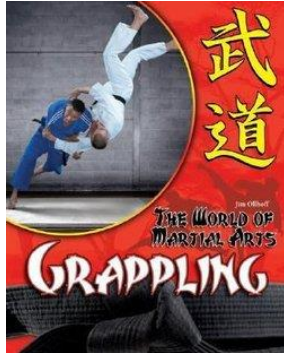
BOOK 9



Wouk, H. (2011). *Kung fu*. New York: Marshall Cavendish Benchmark.[ISBN 0-7614-4937-X]

AVAILABLE IN	Hardcover, ebook
READING LEVEL	4.0
INTEREST LEVEL	4-7
PROFICIENCY LEVEL	Emerging and up
SUMMARY	<i>Martial Arts in Action: Kung Fu</i> is a great resource for grade school readers that contains large color photos and visuals of kids and adults practicing Kung Fu. The book describe Kung Fu basics, history, and the class. It also explores some of the most notable and famous Kung Fu practitioners. Clear headings and captions of varied colors make the reading more accessible for Ells. A glossary of key terms is including.
LINKS	The following link provides ordering information for titles in the series http://www.marshallcavendish.us/marshallcavendish-us/benchmark/catalog/Sports/martial_arts_in_action/index.xml The author of this title does not have a webpage. Project linked to this book found on web: http://prezi.com/vjoxheqazcg8/untitled-prezi/

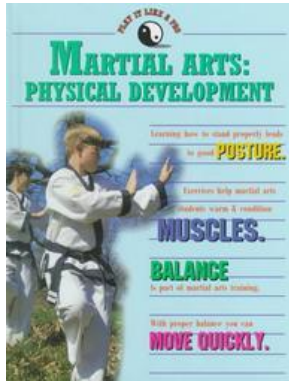
BOOK 10



Ollhoff, J. (2008). *Grappling*. Edina, Minn: ABDO Pub.[ISBN 1-599-28976-8]

AVAILABLE IN	hardcover
READING LEVEL	6.0
INTEREST LEVEL	4-7
PROFICIENCY LEVEL	Expanding and up
SUMMARY	<i>Grappling</i> by Jim Ollhoff describes the distinctive moves and techniques associated with various martial arts. The science of leverage and momentum is explained, accompanied by graphic photographs of practitioners in action. Children, adults, professionals, and ancient masters are all represented. As with the other titles in this series, explanatory captions are included in each visual, which is helpful for ELLs.
LINKS	<p>http://jimollhoff.com/</p> <p>These following 3 links of which Jim Ollhoff is associated can be helpful for educators and para-professionals. These links are not specifically related to the above title.</p> <p>http://www.kenton.kyschools.us/userfiles/2068/5th%20grade%20completed%20suggested%20texts.pdf</p> <p>http://www.doe.in.gov/sites/default/files/grants-management/101-afterschool-resources.pdf</p> <p>http://www.ashcraftafterschool.com/PDF/handoutsupertoolsWEB.pdf</p>

BOOK 11



Lloyd, B. (1998). *Martial arts--physical development*. Vero Beach, FL: Rourke Press.[ISBN 1571032312]

AVAILABLE IN	hardcover
READING LEVEL	5.3
INTEREST LEVEL	3-6
PROFICIENCY LEVEL	Developing and up
SUMMARY	<i>Martial Arts: Physical Development</i> explores and describes the training and preparation behind martial arts. Proper balance, posture, coordination, and strength are some of the topics explored. The book contains photographs of young karate practitioners of diverse ethnic backgrounds while they are practicing. Helpful excerpts are included which explain tips and historical details of note. A glossary of key terms is included.
LINKS	This author does not have a webpage, however the following link contains a lesson plan using one of the author's books. This lesson plan is not specific to martial arts but rather physical activities through sports in general. http://www.kerpoof.com/edu/plans/Celebrate_Sport/Celebrate_Sport_Lesson_PlanREVISED9-09.pdf

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The Booklist Project

A Project of the
M.Ed. In TESL Program,



Feinstein School of Education and Human
Development
Rhode Island College

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